

# Gowran AC Coaches Charter

## All coaches, officials and volunteers at Gowran AC should:

- Consider the wellbeing and safety of our athletes before the development of performance.
- Develop an appropriate working relationship with participants, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and the experience of those taking part.
- Promote the positive aspects of the sport (e.g. fair play)
- Display consistently high standards of behaviour, acting with dignity and display courtesy and good manners towards others
- Follow all guidelines laid down by the club and the national governing body, the AAI.
- Hold appropriate qualifications and insurance cover
- Never exert undue influence over participants to gain personal benefit or reward
- Never condone rule violations, rough play or the use of prohibited substances
- Encourage participants to value their performances and not just results
- Encourage and guide participants to accept responsibility for their own performance and behaviour.
- Never use foul or inappropriate language
- Never try to recruit, either covertly or overtly, athletes who are already receiving coaching
- Turn up in good time for each session and/or assure that there is adequate cover for each session provided, or adequate notice of cancellation
- Act as a good role model by consistently displaying good standards of behaviour, appearance and safe training practices in their own training
- Make clear the limits of their commitment
- Invite and listen to feedback from the athletes they are coaching or fellow coaches
- Recognise and accept when it is in the athlete's interest to refer athletes to other, more qualified coaches or other specialists for advice
- Report any suspected misconduct by other coaches to the appropriate authorities
- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse
- Cooperate fully with others involved in the sport such as technical officials, team managers, other coaches, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the athlete
- A coach MUST strictly maintain a clear boundary between friendship and intimacy with athletes and not conduct inappropriate relationships with athletes.
- Read, understand and put into practice all club policies and procedures.

I have fully read and understand the above code of conduct and will ensure that my conduct and practice reflects the above points.

Signed: ..... Name: ..... Date: